

KIWANIS CLUB OF RIDGEWOOD, NY 3-2-1

Meets 1st and 3rd Wednesday @ GRYC Clubhouse, 59-03 Summerfield Street, Ridgewood, NY 11385

www.ridgewoodkiwanis321.org

718-456-5437 x221

The Triple Crown Newsletter



RESULTS OF MEET FOR: September 6, 2023

VOLUME 6 Number 19



3 – 2 – 1... AND THEY'RE



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Race One: Well, this was first regular meeting day in September and our members are back in town. The meet began at 12:00 PM with President Bill Rennison hitting the gong with his gavel to call the meeting to order by asking those in attendance to rise for the Pledge to our Flag. After the Pledge, Bill asked Bob Monahan to say a blessing that was short and sweet. Fr. Kevin and Maureen are off cruising New England and Canada with St. Paul's Center. Enjoy your well-deserved break. Our hard working President also took a break from being the sheriff and asked Jayne Wadhawan to take over the duties and she was at the top of her game, not missing a beat. Thanks Jayne for helping out.



Race Two: The food was a bit late so President Bill read some upcoming news and announcements and we had introductions for guests that were in the Clubhouse. Joining us for the first time was Rozario Sylvain from Champion Elevator who had a blast and will become a member in the NEW year for President Elect Danielle Kleiman. Jon Kablack was in the Clubhouse after a bout with that dreaded COVID and asked the Club to support a fundraiser that he is running for the Martin Luther Basketball team. The Club immediately took \$100 in raffles. Anyone else interested should contact Jon for tickets. Bob then gave Happy Dollars for coaches who devote so much of their time to serve young athletes like Jon and Walter Welsh who coaches an Elite Girls Basketball Team and has helped hundreds of young ladies to get Division One scholarships in the NCAA. Bob went on to tell a humorous story about his long standing "support" of Walter's efforts and had to give more Happy Dollars for his choice words. Then the food arrived, and we opted to have Two – Veggie, Sausage and Pepperoni Pies along with 4 Regular Pies from Grace up in Glendale on Myrtle Avenue. Since we had about 40 members and guests in the Clubhouse, President Bill had all of the folks in attendance take time to get their food to eat. Everyone had plenty to eat and to think, it only cost a measly \$10 bill. Richie is a Business Sponsor of our Club and always has great food for our members to enjoy. Thanks Rich.



Race Three: After our members and friends filled their plates with food, members, once again, started with the Happy and Sad and Mixed Dollars. Diane Cusimano told a beautiful story about Ruschell Boone from Spectrum News who sadly passed away this past week. Diane spoke about meeting Ruschell after writing a letter about enjoying her news casting and was invited to the studio where Diane was allowed to sit in the Anchors Chair. Only days before her passing, they spoke and were making plans to get together, but, sometimes life is just too short and that, my friends, is why we should live life with kindness and purpose, ALL THE TIME. Thanks Diane for the beautiful tribute to a wonderful woman. Rest in Peace.



Race Four: Friends are nice to have, nice to share with and are our most precious gifts. Speaking of friends and gifts, our member John Hennessey from Ridgewood Savings Bank stopped by, took off his tie before entering the Clubhouse, and handed President Bill with a donation check from the bank. Another true buddy of the Ridgewood 3-2-1 Club was in the house today to share information about Kamp Kiwanis and to say THANK YOU for our support of the Kamp's efforts. DPP Sal Anelli stopped by to break bread with us and let us know that he will be stepping down at the President of the Foundation Board after many years of service. Well done good buddy!!!



What time is it? It's time to serve!!



How amazing to have members from the Ridgewood 3-2-1 and QW PRIDE Club sharing great times at the Clubhouse. Partnerships are what make us one of the most diverse, equitable and inclusive clubs in Kiwanis. What is our trademark, you ask?? How about just playing nice in the sandbox, for starters!!



Race Five: The Ridgewood 3-2-1 Club BOARD voted last month to suspend/eliminate our 17 SLP's because the cost is a whopping \$3,655 for our 11 – Builders Clubs and 6 – K-Kids Clubs. NO other club in Queens West Division or NY District comes close to that expense and since we are the 2nd largest SLP sponsor in the USA and 4th largest in Kiwanis International, there are only THREE clubs in the world that invest more funding and time in SLP's than Ridgewood 3-2-1. Although this is extremely disappointing, our members know, without question, that through our partnership with the GRYC, this is simply a matter of branding, what name we attach to these clubs. The kids will never suffer from the economics of this. We have reached out to Kiwanis leaders in the Division, District and Kiwanis International, stated our need, and have heard NOTHING!! Two years ago, we were in this identical situation and received a grant from NY DISTRICT for \$1,000 to offset the cost of our 11 Builders Clubs. Individual club members and one of our Corporate Sponsors picked up the balance, allowing us to keep the SLP's going. This past year we paid over \$4,000 to International with no assistance from any other entity (our request from the Children's Fund was denied) while we added 6 additional K-Kids Clubs to our 11 Builders Clubs, AND partnered with the GRYC, DYCD and the NYPD & FDNY to have our SLP Conference for over 200 kids at IS 77, costing us \$6,000. Since the "powers that be" have chosen; No response, No Help, No money relief, we say, NO WAY.

Race Six: So much continues to happen since our last newsletter. The 3-2-1 and Pride Club, along with the GRYC, distributed over 200 Backpacks loaded with school supplies; Pencils, Pens, Crayons, Markers, Rulers, Erasers, Pencil Cases, Glue Sticks, Composition Books and Safety Scissors at the 104th NYPD Precinct Backpack Giveaway. This was held on August 30th at the Station House on Catalpa. The Project was headed up by our members, Community Affairs Officers Mike Berish and Dilsia Bonilla and of course, Inspector Kevin Coleman who is a member of both, the 3-2-1 and Pride Club. Last week, DPP Gino Ancona and DPP Janine Mahon had a rather unpleasant experience getting stuck in our elevator on Summerfield.

Janine thanked Gino for keeping it a bit light, even taking a selfie in the elevator that dropped from the 1H level to the Basement on safety. Look at the saying that Gino put in the elevator a couple of years ago, "Great Adventures for Yourself", hysterical. The FDNY had to come to get them out and it was a site to behold as Gino fell into the arms of a big, strapping Firefighter who came to his rescue. As luck would have it, the GRYC had its State of the Agency meeting earlier in the day and had an extra FULL Tray of Stammtisch's Wurst Platter and a FULL Tray of German Potato Salad in the fridge. YES, they went home with our FDNY partners. No not Gino, the food, Great job, Myrtle Turtles.



Race Seven: Ridgewood 3-2-1 is going to have a couple of fundraisers and we are in the process of setting up the 2023 – 2024 Administrative Year Committees for President Elect Danielle Kleiman's term. The Turkey Shoot is back and will be held on November 17th. We are asking for donations of candles, alcohol, and other basket fillers. Since it is right before Thanksgiving, we will also be giving out Turkeys and all of the sides to create a delicious home cooked meal. Save the DATE, Friday, November 17th.



PLEASE BE CAREFUL and SAFE

It was an amazing summer for the GRYC Day Camps when they got to eat some Zum Stammtisch 3 Foot Heroes loaded with delicious ingredients. Thanks to our Business Sponsor and Werner and Hans for all of your efforts. Together we DO make a difference!



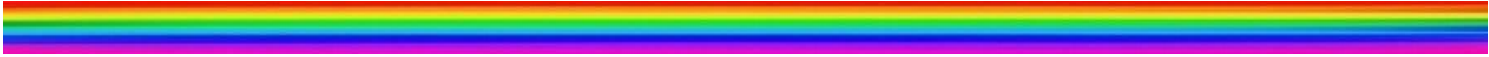
As you can easily see, much of the 3-2-1 success can be attributed to our partnerships with the NYPD, Greater Ridgewood Youth Council and some other community based organizations, businesses and groups. Working **TOGETHER** always works **BETTER**.

Race Eight: Upcoming Events include:

- **September 18th – Queen West Division Meeting in Forest Hills at 7:00 PM**
- **September 20th – Regular Meeting in the Clubhouse at 12:00 PM**
- **September 23rd – Aktion Club Meeting in the Clubhouse at 12:00 PM**
- **September 27th – Board Meeting at 5:30 PM – Bill’s Last Board Meeting**

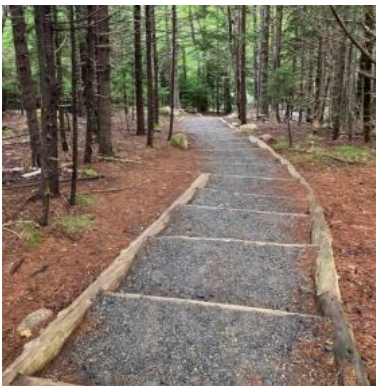


Race Nine: Bill closed the meeting at 1:00 PM. There was \$548.00 for Happy Dollars and Food Money. It was a good day!!!



Passion ✦ **Respect** ✦ **Inclusion** ✦ **Diversity** ✦ **Equity**

3 – 2 – 1... AND THEY'RE OFF



A Picture is worth a thousand words!!!
Look at the pictures and what do you see?? If you are in great shape, physically, the two on the left may not present a problem for you. However, when I looked at these steps before I began my climb and when I started to ascend the side of the mountain, they absolutely presented a problem to me and my weary mind and body. With encouragement and taking it one step at a time, **SUCCESS** came hard!! Ridgewood 3-2-1 is at a crossroads, once again, being challenged by “the powers that be”, to climb, yet another mountain. Let’s take one step at a time, let’s encourage one another to proceed at our own pace and do what we do best: **SERVE OTHERS!** Then, the beauty of the season will carry us through.



Page

Mindset

Want to know the secret behind great achievers? It comes down to **mindset**. For Benjamin Barber, an eminent sociologist, once said, "I don't divide the world into the weak and the strong, or the successes and the failures... I divide the world into the learners and non-learners."

And while there are different ways to categorize mindsets (e.g., fixed vs. growth), when it comes to leading a life of significance, we like to think **there are two kinds of people**: Takers and Makers:

- **Takers** are those who take, grab, and consume what they can to meet their own needs. Takers operate with a **scarcity mindset**.
- **Makers** are those who give and make things happen. Makers cause progress and foster success in others. Makers envelop an **abundance mindset**.

In his classic book *The 7 Habits of Highly Effective*, Steven Covey explains the concepts of abundance and scarcity beautifully:

People with a Scarcity Mentality have a very difficult time sharing recognition and credit, power or profit—even with those who help in the production. They also have a hard time being genuinely happy for the success of other people.

The Abundance Mentality, on the other hand, flows out of a deep inner sense of personal worth or security. It is the paradigm that there is plenty out there and enough to spare for everybody. It results in the sharing of prestige, recognition, profits, and decision-making. It opens possibilities, options, alternatives, and creativity.

The good news is that if you find yourself deeply rooted in a Scarcity Mentality (which most people are), you can make a "paradigm shift" to an Abundance Mentality by changing your thoughts and mindset:

Scarcity Paradigm

1. Defense
2. Escape loss
3. Safety
4. Maintain
5. Fear
6. Tight
7. Gifts are contained
8. Reactive
9. Paralyzed
10. Narrow/closed
11. Stagnation
12. Win-lose

Abundance Paradigm

1. Offense
2. Pursue the Vision
3. Risk
4. Create
5. Faith
6. Generous
7. Gifts are released
8. Proactive
9. Dynamic
10. Wide/open
11. Multiplication
12. Win-win

So, when reading over these points... I feel it's very hard to do a complete 180... but maybe instead try to shift slowly or say to yourself, "I can be better in this area"... finding one maybe two things where you can "shift" to the other Paradigm.

After all, ***change isn't the same thing as progress.***