

KIWANIS CLUB OF RIDGEWOOD, NY 3-2-1

Meets 1st and 3rd Wednesday @ GRYC Clubhouse, 59-03 Summerfield Street, Ridgewood, NY 11385

www.ridgewoodkiwanis321.org

718-456-5437 x221

The Triple Crown Newsletter



RESULTS OF MEET FOR: December 6, 2023

VOLUME 7 Number 5



3 – 2 – 1... AND THEY'RE OFF



Race One: This was our Toy and Diaper Drive Day and was attended by 25 of our members and friends. As I am on vacation, some of this newsletter will be true and some will be virtual and just plain made up. President Danielle Kleiman clapped the gong at 12:00 PM to call the meeting to order by asking those in attendance to rise for the Pledge to our Flag. After the Pledge, Danielle asked Fr. Kevin Powell to offer a blessing. Our Sky Pilot gave a thankful blessing that falls in line with our attempts to comply with the Diversity, Equity and Inclusion principles. There were some Toys and Diapers collected and will be distributed to those in need from our communities. So far, so good?

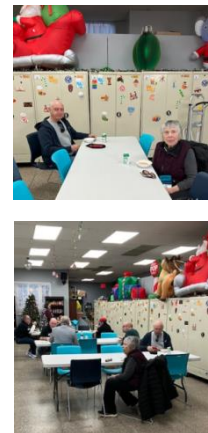


Race Two: Today was Cereal Day and there were bananas, strawberries, blueberries, granola, almonds and just plain sugar to add to your Almond Milk, 1 and 2% Milk, Skim Milk, Soy Milk and just plain old regular Whole Milk. Danielle had everyone come up to get their favorite cereals and I'm sure it was Magically Delicious and GRREAT. It was time to enjoy each other's company and friendship. No major business to go over, no introductions were needed and the announcements included our AKTION Club Christmas/Holiday Celebration coming up on Saturday, December 9th. It was simply having an easy going get-together.

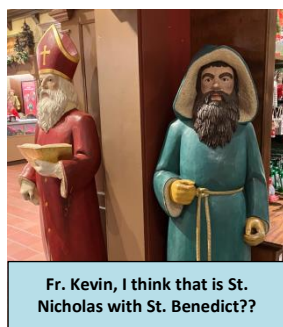
Race Three: There may have been a smaller than expected crowd, but they had plenty of cereal to eat and say. Fr. Kevin & Maureen Powell were at the ranch, along with John "Kept my Tie ON" Hennessey, and laid back and feeling good DIPPY Bill Rennison. Jon Kablack was at the clubhouse and announced that our member, Inspector Coleman has been assigned to the 109 Pct in Flushing. Jayne Wadhawan was joined by Diane Cusimano and Francesca Fedkowskyj and rumor is that someone with a neon green bag was taking some cereal home for the dog. Mary Benitez can be seen in her relaxed mode as Paul Hoffmann is having his multiple bowls of cereal (double milk containers). Cat Siegel, Joan Hoffmann and Dina "hat and shades" DePaola had a chillin' nice time.



Race Four: DPP Gino Ancona and DPP Janine Mahon set up the food and drinks, along with our fearless leader President Danielle Kleiman. EVERYONE is equal and making things happen at the 3-2-1 club. Henrietta Maier was with us and joined by Alfred Ziegler from across the street in the Forest. If you look at the top of the cabinets, you will see that Gino and his entire committee have beautifully decorated our Clubhouse for Christmas and our Holiday Celebrations. Great job everyone!! DPP Liz Fitzgerald, Linda Monte, Rozario Sylvain, Tommy Bell and DPP Janine Mahon got to see Michael Addeo run in and out of the clubhouse after dropping off some stuff. Friends are nice to have, nice to share with and are our most precious gifts.



Race Five: Just as folks were completing their bowls of cereal, Happy Dollars started to flow around the room. Jon Kablack was happy to be back and said his Basketball Fundraiser was a great success. Diane had mixed dollars to say that this is a BUSY time of the year at the Florist and may not be able to make all of our events. Totally understood and respected at our club. Janine and Mary, oh well, come to think of it, EVERYONE had dollars that Bob was on vacation. In response to that sentiment, you will suffer from my photos of Williamsburg, (no not Brooklyn) Virginia.



Race Six: The Ridgewood 3-2-1 Club is hosting their AKTION Club Christmas/Holiday Party at the clubhouse, Saturday, December 9th from 12 – 2 PM. It is anticipated that there will be over 100 members and 30 attendants making their way to Santa Land, USA. There will be trays of Fried Rice and Sweet & Sour Chicken, which the members consider to be Chicken Nuggets and love them. Light snacks, drinks and everyone goes home with an Ugly Sweater Medallion and a goodie bag. There will be a Magician performing, thanks to Queens West Division Lt. Governor Janice Bar and the Queens Blvd Club for making that happen.

Race Seven: Ridgewood 3-2-1 is having its very own Christmas/Holiday Celebration on Wednesday, December 20th at 12:00 NOON at the Clubhouse. There are a bunch of things planned for that event; Grab Bags, a couple of Everyday Hero Awards, great food and fun, Santa appearance is possible and we will take a picture of our toys and diapers to be given out to those in need. To wrap up this edition, let's keep in mind our members who aren't feeling 100%; Hank Kraker, Al Bellington, Bernie Zablocki, Maureen Powell, Claire Mahon and Dave Fitzgerald. Also, BettyAnn Monahan messed up her knee while on vacation. Keep everyone in your thoughts and prayers for healing and recovery.

What time is it?

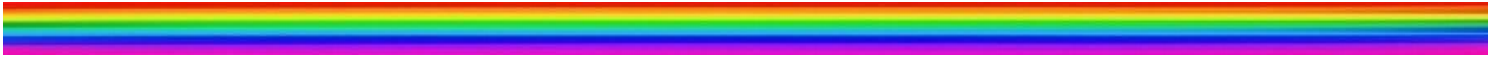
It's time to serve!!



Race Eight: Upcoming Events include:

- **December 9th** – **AKTION Club Christmas/Holiday Party – 12 to 2 PM at Clubhouse**
- **December 18th** – **QW Division Meeting in Forest Hills at 7 PM with Gift Exchange**
- **December 20th** – **Christmas/Holiday Meeting at NOON in the Clubhouse. Bring a TOY!**

Race Nine: Danielle closed the meeting at 1:00 PM. There was \$105 for Happy Dollars and NO Food Money. It was a good afternoon!!



Passion ✦ Respect ✦ Inclusion ✦ Diversity ✦ Equity

3 – 2 – 1... AND THEY'RE  FF



What makes you think that the Ridgewood 3-2-1 Club's Papi Chulo Mamaluke Committee can go it on their own to accomplish super projects?



How can you say that the 3-2-1 Aktion Club, held together by JR, Hank, Mike and Matt, is one of the largest and best run in NY District and maybe KI??



MERRY
Christmas

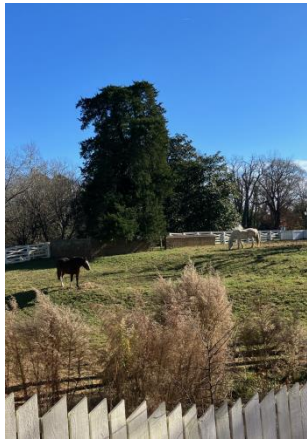


TWO TRADITIONS. ONE WISH.
PEACE ON EARTH.



HAPPY
Hanukkah

Happy Holidays from 3-2-1



Editor's Page

Get MORE out of your life!

What does productivity mean to you? For starters, let us tell you what productivity is NOT. It's NOT simply being busy. Anyone can be and stay busy. To borrow a page out of the football handbook, being productive means moving the ball toward the goal line efficiently and effectively. Being busy, on the other hand, can mean running around in circles making no meaningful progress toward your goal. Productivity, then, means getting the most out of your day, and here are 5 hacks to enhance your productivity and get more done in less time.

Prioritize your work. Time is a limited commodity and every choice has an opportunity cost. Productivity hinges on setting priorities. We all have projects, tasks, and stuff to do. Take a page out of President Dwight Eisenhower's book and prioritize your time on the things on your to-do list that are most important.



Don't bite off more than you can chew. Set proper expectations for yourself. Don't load up your schedule with a bunch of tasks -- especially if they're not important. Focus on one big ticket item each day.

Use technology to your advantage. There's no question technology can be a double-edged sword. On one hand, things like social media and email can be time suckers distracting you from what's really important. On the other hand, project management tools, calendars, and note-taking tools can be very effective for boosting productivity.

Eliminate interruptions. As alluded to above, technology can be a tremendous distraction if we allow it to be. Your phone buzzing incessantly with notifications. Your desktop dinging with every new email. These distractions take you out of your flow. Turn your phone on silent mode. Turn off your email. Close your door. Eliminate distractions when you need to be productive.

Batch your tasks. Tim Ferriss has popularized the notion of "batching," which simply means putting the same tasks together to reduce the transition time of your brain from switching between tasks. For example, do send and answer all emails during a single block of time. Make all your phone calls during another block of time.

Increasing productivity not only means more effectively getting things done, it means having more time for the things that matter most to you -- and having less stress and more happiness to boot!

But remember, ***change isn't the same thing as progress.***